

Repêchage® Hydra Blue® Firming Facial Massage & Mask

Recommended Use:	Dry/Normal Sun Damaged Skin <i>(Note: not to be used on skin prone to acne or rosacea)</i>
Benefits:	Reveals glowing skin, replenishes skin with moisture and helps to reduce the appearance of wrinkles. Helps to firm the appearance after long-term use.
Frequency:	Once a week

Method:

Time: 30 minutes

- A. Secure client's hair with enclosed hair band.
- B. Sanitize hands by washing with anti-bacterial soap

1. Remove eye make up by saturating cotton with **Repêchage® Opti-Cleanse™ Extra Gentle Non-Oily Eye Makeup Remover**. Have client close eyes. Using downward strokes, remove eye makeup. Rinse the eye area well with water and cotton. Remove all face makeup.
2. Cleanse skin with appropriate **Repêchage®** cleanser using circular motions. Gently remove with cotton saturated in lukewarm water. Repeat rinsing to thoroughly remove any residue. Pat skin dry with tissue. Warning: Use caution when using around eye area.
3. Place a clean tissue over the client's eyes and thoroughly mist face with **Repêchage® Algo Mist® Hydrating Seaweed Facial Spray**. Gently pat dry with additional tissue.
4. Apply **Repêchage® C-Serum® Seaweed Filtrate** and perform the following **5 Step Massage**:



- a. **Petrissage:** Perform petrissage along the jawline, incorporating kneading friction. Perform 3 to 6 times.



- b. Continue from the nostril to the top of the ear.



- c. Starting from the cheeks, perform petrissage to the middle of the ear.



- d. Start performing tapotement movements, patting along the jawline repeating 3 to 6 times.



- e. Lightly tap all across the full face in a piano type tapotement movement with fingers tips. Repeat 3 to 6 times.
5. Cut open the **Repêchage® Triple Action Peptide Mask**, unfold mask and apply directly to face. Once mask is in place, remove the plastic front at the notch and discard. Adjust mask tightly to the contours of the face and leave on for 10-15 minutes.
6. While the mask is on perform a hand and arm massage using **Repêchage® Sea Spa Hand Cream**.
7. Remove mask and mist skin with **Repêchage® Algo Mist® Hydrating Seaweed Facial Spray**. Blot with tissue.

8. You may finish by applying **Repêchage® Mineral Face Shield®** and **Repêchage® Perfect Skin Liquid Foundation** evenly over the face.

Do not forget to recommend a **Repechage®** at-home skincare program.